



# Liz van Welie Aquatics Autumn Swim Meet

Greerton Aquatic & Leisure Centre, 1 Kiteroa Street, Greerton

## Sunday 11<sup>th</sup> April 2021

Warm Up: 8:15am Start: 9am

### Session 1:

1. 200 Breast
2. 100 IM
3. 50 Back
4. 100 Fly
5. 200 Back
6. 100 Free
7. 50 Breast
8. 400 Free
9. 4 x 25 Kick Board Relay (12&under)
10. 4 x 25 Kick Board Relay (13&over)

*Break 15 minutes*

### Session 2:

11. 200 IM
12. 50 Fly
13. 200 Free
14. 100 Back
15. 50 Free
16. 100 Breast
17. 2 x 25 3-legged Relay  
(must have two 13&O & two 12&U)

## ***CONDITIONS***

Meet conducted under Swimming New Zealand Rules

1. Eligibility: Swimmers who are registered Competitive or Club Swimmers
2. Entries Close 10:00pm 05<sup>th</sup> April 2021
3. Entries via the SNZ Database
4. Age as at 11<sup>th</sup> April 2021
5. Entry fee \$9.00 per event/maximum 5 individual events
6. NT's are not accepted. Please email times to [recorder@lvwaquatics.co.nz](mailto:recorder@lvwaquatics.co.nz)
7. Ribbons awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> per event per age group
8. Enquiries to [recorder@lvwaquatics.co.nz](mailto:recorder@lvwaquatics.co.nz)
9. Officials: Clubs please provide 1 official per 4 swimmers
10. Electronic timing will be used at this meet